



Co-funded by the
Erasmus+ Programme
of the European Union



DESIGN YOUR ENVIRONMENT



DESIGN YOUR LIFE

Youth Experiential Learning Program
Germany

13 - 23 JUNE 2023



ABOUT THE PROJECT

We aim to support community building and improve physical and mental health while raising awareness about the environment and climate change.

"Design Your Environment = Design Your Life" is an inspiring and life-changing youth exchange program. Join a group of like-minded young people from around the world to explore the relationships between environmental design and personal growth. Participate in hands-on workshops and activities that will empower you to shape your surroundings to create the life you want. Explore how the spaces and systems around us impact our well-being and potential. Immerse yourself in a supportive and collaborative learning environment where your ideas and contributions are valued. Take your first steps towards creating the life of your dreams. Join us for an unforgettable adventure that will leave you feeling inspired, empowered, and ready to take on the world!

OVERVIEW

The project will be facilitated in English

WHEN

12 June - Arrival Day
13 - 22 June - Youth Exchange
23 June - Departure Day

WHERE

Kevelaer, Germany

APV

9 June - APV Arrival Day
10 - 11 June - APV
12 June - Day Off APV

PARTICIPANTS

27 Participants
4 young people + 1 team leader
per country

FROM

Germany, Spain, Greece,
Italy, Estonia



LOCATION

Blended with nature, our accommodation and learning area will all be located within the same space. We will co-create our experience together, giving meaning to the space, and adapting it to our community, vision and needs.

ACCOMMODATION



Venue: Our small farm of Academy of Growth e.V., Kevelaer, Germany

The property has a high focus on its **nature connection**.

The accommodation & facilities for the participants are aligned with our core values about sustainable living. The participants will sleep in provided spacious tents, which each fit two people. **We will provide all the necessary sleeping gear**, such as mattresses, sleeping bags, pillows, and extra blankets in colder weather.

The **main social space is our community tent**, which can easily fit up to 30 people inside on a long dining table and is also the space for our kitchen, where the food will be prepared for the exchange.

The **shower and toilet** systems are built into containers.

We have a big tent and a big shed which serves as a training room for times of rainy weather. Otherwise, we plan to carry out most of the activities outside in nature. We have many grass areas and a small outdoor gym, which provides space for movement-based exercises such as yoga, dance, breathwork, and meditation.

Lastly, we are alone on the property so that we can focus truly on building a thriving community during these ten days.



We aim for 50% of the participants to be young people with fewer opportunities

Total: 27 Participants

4 participants + 1 group leader per country

Profile of participants: people [21-30 years old] who are interested in regenerative gardening & community building and are potentially facing economic, social, or geographical obstacles

Profile of group leaders: people [21+] who have some experience in the organization and facilitation of educational activities for youth. Motivated to assist their national team in all the phases of the project

PARTICIPANTS



OUR PARTNERS



Spain
Asociación Dinámica



Host: Germany, Academy of Growth



Greece
Hellenic Youth
Participation



Italy
Upendi: L'Amore è realtà



Estonia
MTÜ Risti-Rästi

TRAVEL



	DISTANCE	AMOUNT	AMOUNT GREEN TRAVEL
GERMANY	10-99 KM	23 EUR/PARTICIPANT	
	100-499 KM	180 EUR/PARTICIPANT	210 EUR/PARTICIPANT
SPAIN			
ITALY	500-1999 KM	275 EUR/PARTICIPANT	320 EUR/PARTICIPANT
ESTONIA			
GREECE	2000-2999 KM	360 EUR/PARTICIPANT	410 EUR/PARTICIPANT



COSTS

Accommodation, food, and travel costs will be covered by us.

For us it is important to have a motivated and engaged group.

For this reason, we decided to ask for a small **participation fee of 50€** that will encourage participants not to fully commit to the project.



APPLY NOW!

Application deadline: 1st April 2023



JUGEND
für Europa



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