



JUGEND  
für Europa



Co-funded by the  
Erasmus+ Programme  
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# DESIGN YOUR LIFE

# DESIGN YOUR ENVIRONMENT



Youth Experiential Learning Program  
Germany  
13 - 23 JUNE 2023



# ABOUT THE PROJECT

**We aim to support community building and improve physical and mental health while raising awareness about the environment and climate change.**

"Design Your Environment = Design Your Life" is an inspiring and life-changing youth exchange program. Join a group of like-minded young people from around the world to explore the relationships between environmental design and personal growth. Participate in hands-on workshops and activities that will empower you to shape your surroundings to create the life you want. Explore how the spaces and systems around us impact our well-being and potential. Immerse yourself in a supportive and collaborative learning environment where your ideas and contributions are valued.

Take your first steps towards creating the life of your dreams. Join us for an unforgettable adventure that will leave you feeling inspired, empowered, and ready to take on the world!





# OVERVIEW

The project will be facilitated in English

## WHEN

12 June - Arrival Day

**13 - 22 June - Youth Exchange**

23 June - Departure Day

## WHERE

**Kevelaer, Germany**

## APV

9 June - APV Arrival Day

**10 - 11 June - APV**

12 June - Day Off APV

## PARTICIPANTS

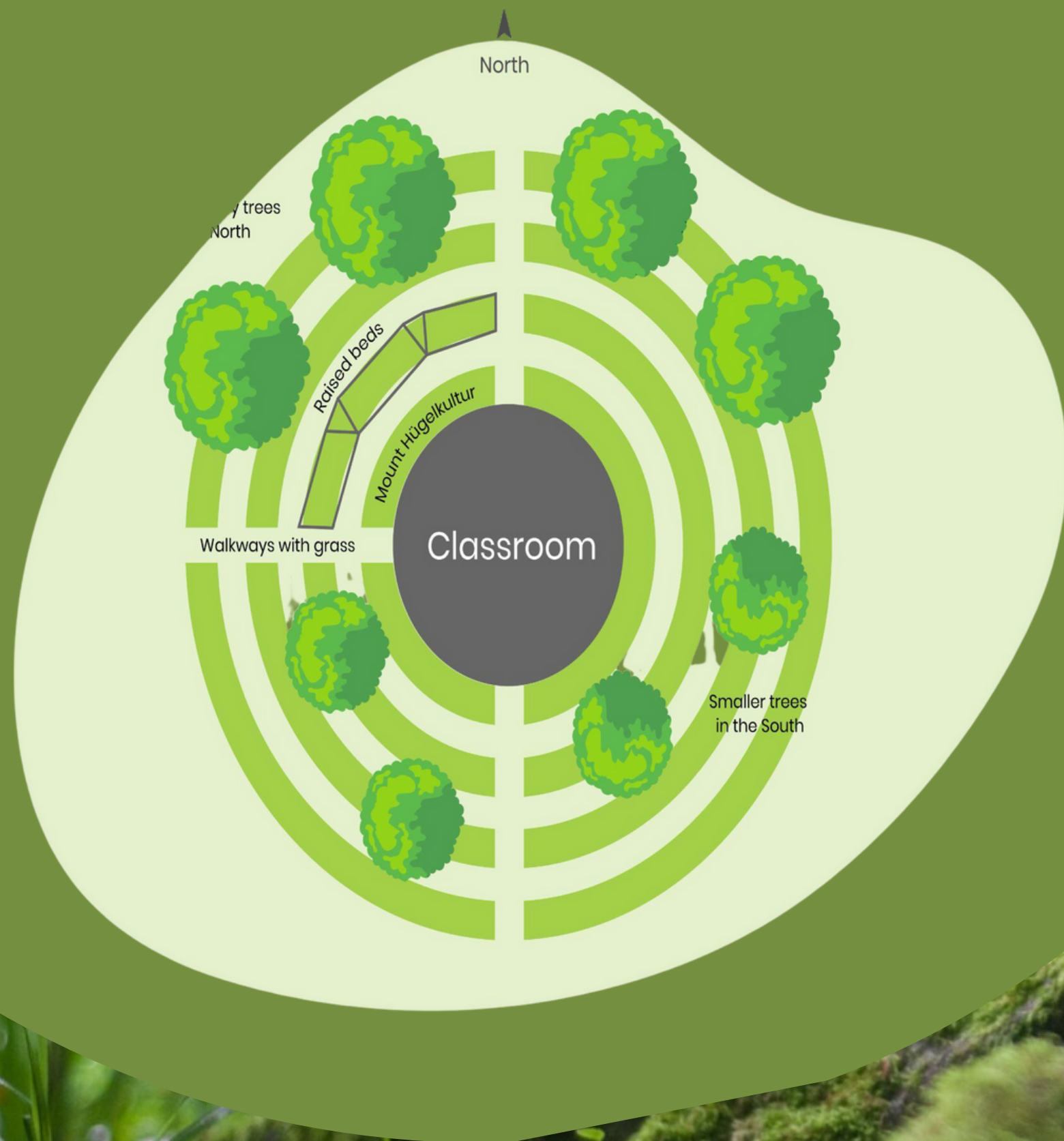
27 Participants

4 young people + 1 team leader  
per country

## FROM

Germany, Spain, Greece,  
Italy, Estonia





**Blended with nature, our accommodation and learning area will all be located within the same space. We will co-create our experience together, giving meaning to the space, and adapting it to our community, vision and needs.**

# LOCATION



# ACCOMMODATION

**Venue:** Our small farm of Academy of Growth e.V., Kevelaer, Germany

The property has a high focus on its **nature connection**.

The accommodation & facilities for the participants are aligned with our core values about sustainable living. The participants will sleep in provided spacious tents, which each fit two people. **We will provide all the necessary sleeping gear**, such as mattresses, sleeping bags, pillows, and extra blankets in colder weather.

The **main social space is our community tent**, which can easily fit up to 30 people inside on a long dining table and is also the space for our kitchen, where the food will be prepared for the exchange.

The **shower and toilet** systems are built into containers.

We have a big tent and a big shed which serves as a training room for times of rainy weather. Otherwise, we plan to carry out most of the activities outside in nature. We have many grass areas and a small outdoor gym, which provides space for movement-based exercises such as yoga, dance, breathwork, and meditation.

Lastly, we are alone on the property so that we can focus truly on building a thriving community during these ten days.







**We aim for 50% of the participants to be young people with fewer opportunities**

**Total: 27 Participants**

**4 participants + 1 group leader per country**

**Profile of participants:** people [21-30 years old] who are interested in regenerative gardening & community building and are potentially facing economic, social, or geographical obstacles

**Profile of group leaders:** people [21+] who have some experience in the organization and facilitation of educational activities for youth. Motivated to assist their national team in all the phases of the project

# PARTICIPANTS





# OUR PARTNERS



**Spain**

Asociación Dinámica



Host: Germany, Academy of Growth



**Estonia**

MTÜ Risti-Rästi



**Greece**

Hellenic Youth  
Participation



**Italy**

Upendi: L'Amore è realtà





# TRAVEL



|         | DISTANCE     | AMOUNT              | AMOUNT GREEN TRAVEL |
|---------|--------------|---------------------|---------------------|
| GERMANY | 10-99 KM     | 23 EUR/PARTICIPANT  | _____               |
|         | 100-499 KM   | 180 EUR/PARTICIPANT | 210 EUR/PARTICIPANT |
| SPAIN   |              |                     |                     |
| ITALY   | 500-1999 KM  | 275 EUR/PARTICIPANT | 320 EUR/PARTICIPANT |
| ESTONIA |              |                     |                     |
| GREECE  | 2000-2999 KM | 360 EUR/PARTICIPANT | 410 EUR/PARTICIPANT |





# COSTS

Accommodation, food, and travel costs will be covered by us.

For us it is important to have a motivated and engaged group.

For this reason, we decided to ask for a small **participation fee of 50€** that will encourage participants not to fully commit to the project.





# APPLY NOW!

**Application deadline: 1st April 2023**



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